

LEMON CHICKEN WITH ARTICHOKES

This is an easy-to-prepare and tasty chicken dish. Shared by Marge Gazzola.

PREP: 20 minutes

Bake: 15 minutes

SERVINGS: 6

INGREDIENTS:

1 pkg. frozen artichoke hearts

1 lb. chicken thighs or filets

2 Tbsp. butter

1 med. onion'

3 cloves garlic, minced

1½ C. dry orzo

¼ C. lemon juice

2½ C. chicken broth

Salt and pepper

1 Tbsp. chopped parsley (optional)

DIRECTIONS:

Set oven to 400 degrees.

Sauté one package of frozen artichoke hearts in ovenproof skillet, add salt and pepper and transfer to bowl.

Sauté chicken in same skillet and transfer to plate.

Add 2 Tbsp. butter, onion and garlic, stir and cook 1-2 minutes, add orzo and cook 3 minutes. Add lemon juice and cook for 30 seconds.

Return artichokes to skillet, stir in chicken broth, salt and pepper.

Bring to boil and place chicken on top.

Place in oven for about 15 minutes. Stir in parsley before serving.

